

Good morning-wanted to thank you for running the Change Agility training yesterday. I always enjoy your sessions but found yesterday's really resonated-particularly the 3rd graph. It has helped me understand my journey better since the merger and why my emotions have gone a little at times in directions I didnt want them to go to. I appreciate the examples you gave and feel I have more clarity. Thank you. It was very timely 😊

hi Steph-wishing you all the very best for your next endeavours. Personally just wanted to say thank you. My only dealings with you have been in taking part in the new managers programme last year and in setting goals for this year. Have always enjoyed your enthusiasm and personal examples you gave. You have been very valuable to me in my journey through the integration with ~~xxxx~~ which is still a journey but much more on the up thanks to you and others.

Thank you for your support and help with everything to do with HR.

Ant is right, you were amazing helping us with personal development and I personally loved your webinars and the ~~xxxx~~ Cares' newsletter



All the best in your life and career, and I hope you have a fantastic overseas trip!

Hi Stephanie,

I heard you are leaving! I just wanted to say before you go that I have really appreciated the Leadership Conversation sessions you have run for us.

Having taken a few papers in organisational psychology at university and really enjoyed it, I hadn't really had the time or space in my working life to dedicate to focusing on what I learnt during that time and applying it to my situation now that I'm in the workplace. You provided a space for real reflection, learning lots of new relevant concepts, and sharing experiences.

There were also plenty of opportunities to apply learnings to personal life outside the workplace. I didn't share this with the group at the time, but at the time your session started, my [redacted] (and still are) [redacted], and personally I was able to apply some learnings to understanding this situation, particularly around resilience and managing change. As you've covered, these life events and stressors might have an impact at work but they can come from many different sources!

I particularly appreciated how you made it a very open discussion where nobody's response was wrong and everyone was welcome. We all really learnt a lot. I'm looking forward to continuing to make time for some training and upskilling on these topics as I progress in my career.

I wish you the best of luck with whatever your next venture is.

Hi Steph,

I heard that it is your last week at [redacted].

I just wanted to thank you for all the effort and work that you put into both the New Managers program and the leadership sessions that you have facilitated.

I found both of these initiatives really helpful and thought provoking for my journey at [redacted].

All the best for whatever is next!

I have my Social Style profile, so don't need it. I found this a hugely valuable exercise and has helped me understand what makes others tick. I'm in a unique position where every one of my 4 immediate family members has a different Social Style, which is likely one of the possible reasons I have such a high versatility score! Thanks again for taking the time to help each of us understand both ourselves and others better.